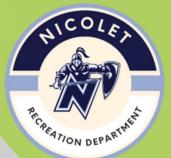
NICOLET RECREATION DEPARTMENT



JUNIOR KNIGHTS WRESTLING

This club is for the beginner and experienced wrestlers looking to learn and improve on the fundamentals of wrestling. It will introduce & teach basic wrestling positions & moves from the up, down and neutral positions. Participants will learn wrestling with an emphasis on technique, positioning & sportsmanship in a fun, fast-paced atmosphere. Program instructed by Nicolet Wrestling Coaches. If you have questions about the program, please call Coach Tim at 414-690-0332 or email him at: tpanicucci@gmail.com All wrestlers born 2017 and later will end March 7th to prepare the older wrestlers for the State qualifier.

Tuesdays & Thursdays, November 28 - March 21 (skip 12/26 &12/28) K4-2nd Grade: 5:30-6:15pm | 2nd-8th Grade: 6:30-7:45pm Glen Hills Middle School \$100.00R/\$120.00NR Program#: 111210-01, 02

REGISTER ONLINE AT: HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML

Nicolet Recreation Department | 6701 N. Jean Nicolet Rd. Glendale, WI 53217 Phone: (414) 351-7566 | Fax: (414) 351-4053 Website: https://www.nicolet.us/page/nicolet-recreation-department

